Author Guidelines


Each type of article has a special format and should comply with the updated APJNH Instructions for Authors, which are published in all issues.

Articles involving human/animal specimen, patients/volunteers, patient images, or case reports: Studies on these subjects require ETHICAL APPROVAL from Institutional Review Board/Local Ethical Committee and PATIENTS CONSENT. If the patient has died, then consent for publication must be sought from the next of kin of the patient. Both ETHICAL APPROVAL and PATIENTS CONSENT statements should be documented in the article, if appropriate.

The following files need to be submitted with every article

Cover letter: A letter stating the originality of research and why you think it should be published.

Title page: This page should contain names, affiliation and the corresponding author.

Article Text: The manuscript file in word format NOT containing the authors or any identifying information.

Images (images must be submitted here in high resolution in a compressed file), All images in high resolution as to the guidelines below should be uploaded again here.

Supplementary Materials (Optional)

Datasets (Optional)

Instructions For Manuscript

Manuscript must be in good English, typewritten using Times New Roman font size 12 only, double-spaced with one inch margin on all sides. All manuscripts must be accompanied by a certificate signed by the corresponding author and all co-authors that they have seen and approved the final version of the manuscript and that the article has NOT been published or submitted to any other journal for publication. The corresponding author is responsible for obtaining permission from the copyright owner for the use of any copyrighted material in the submitted article.

Each original article must contain:

1. Title page

Title page should contain the following information:
1. Complete title of the article
2. Name(s) of author(s)
3. Department(s)
4. Institution(s) at which work was performed
5. Mobile phone no, personal e-mail address of the corresponding author, and institutions address.

2. Structured Abstract

Abstract should be factual condensation of the entire work and should NOT exceed 250 words and must be written under the following subheadings:

1. Objectives
2. Methodology
3. Results
4. Conclusion

3. Text

Text must be arranged under the following headings:

1. Introduction
2. Methods
3. Results
4. Discussion
5. Conclusion(s)
6. Acknowledgements (if any)

**Introduction** provides a brief survey of literature, purpose of the study, etc.; the Methodology and procedures should be concise but detailed enough to enable the reader to reproduce the experiment. Commonly used procedures and methods need not be described but require a reference to the original source. In **Result Section** only findings, presented in the form of tables or figures, should be included without duplication of presentation and no discussion of the significance of the data. **Discussion** should present the significance of the data under the prevalent understanding of the phenomenon. Speculative discussion is allowed but it should be concise and corroborated by the presented data. **Conclusion** summarizes the study and is drawn from the results and discussion. Acknowledgements, if any, should be placed at the end of the text and before references.

4. References

References should be listed consecutively as NUMERICAL in PARENTHESES. The final bibliography should be in the order in which they are quoted in the text and written in Vancouver Style as mentioned below:

**Standard journal article**


Note: List the first five authors and then add "et al." if there are additional authors.

**Chapter in a book**


**Tables and Figures (or Images)**

Tables and figures, complete with legends and footnotes, should be on separate pages. The tables and figures pages should be consecutively numbered at the end of the article. Position of the tables or figures in the text must be indicated.

**Instructions for Preparation of Images**

*Please note:* An image can refer to the following: Graphs, photographs, maps, charts, paintings, drawings, diagrams, *etc.*
Images must be embedded within the manuscript text of the article. Once the article accepted for publication, the author may be asked for an image in high resolution file format. It is strongly recommended before embedding images in the manuscript, images must be prepared as mentioned below in the image specifications section.

**Image specifications**

Images must be prepared in accordance with the instructions mentioned on the PubMed Central website: [https://www.ncbi.nlm.nih.gov/pmc/pub/filespec-images/](https://www.ncbi.nlm.nih.gov/pmc/pub/filespec-images/)
The key factor for preparation of images for sufficient quality is images must have a minimum resolution of 300 dots per inch (dpi) for the grayscale (or black and white) and at least 600 dpi for color scale. The acceptable image formats are tiff, jpeg, gif, psd or png.

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